(b) MITTERBERG PATH 71 h 1 50 min, 361 e.g., 3 km Car parking available at the start to the Ronachkopf Ski Tour "Sign Board Ronachkopf" in Thumersbach. The path to the Mitterberghof has an even gradient and is sealed the whole way.

(c) ERLBERG PATH 71h 11h, 496 e.g., 4,7 km A sealed path running from the village square in Thumersbach to the Enzian hut (open from December till Easter).

(e) KEILBERG PATH 71h 11h, 240 e.g., 3,6 km This path branches off the Areit path at Schüttgut (close to the Porschehof in Bruckberg) and winds its way up on a sealed track to the Huber Hof (the Huber Hof is not open for guests).

(f) BRUCKBERG PATH 7 50 min 3 40 min, 289 e.g., 2,9 km This classical walking path starts close to the Tauernstüberl guest house (opposite the golf course). The path is sealed the whole way without any steep gradients. On reaching the Schober Alm one is rewarded by a fantastic view over the vallev.

(g) EINÖD GOODS PATH 7 30 min 1/2 20 min, 141 e.g., 0,7 km This starts at the cemetery with a sealed road winding through the residential area of the Einöd, up to the Einöd goods path which leads to the Pfefferbauer (refreshments).

(h) LAKE PROMENADE 3 h, 12 km

It is possible to walk all around the lake on this promenade. The promenade runs almost entirely by the lakeside on the western shore. On the eastern shore it runs along the Seeuferstrasse footpath. Hardly any elevation difference.

(i) HOFMANNSTHAL ROAD 20 min, 1 km The Hofmannsthal road (located opposite the Zell am See Yacht Club) is a very short promenade, set in the delightful surroundings of Schloss Prielau - with its culinary variety and refinement as well as its interesting history.

(j) PORSCHE ALLEY

(k) WALK DOWN THE VALLEY FROM ZELL AM SEE 20 min, 1,4 km

The path begins at the retirement home (in Schüttdorf) and runs beside the street of the same name. It is closed to vehicles from the Porsche riding stables on. No elevation difference.

(j)+(k) 1 h 30 min, 7,8 km After the riding stables, this path and the bicycle path run in the direction of Bruck as far as the industrial area, through the un-

derpass; further beside the bike path to the railway underpass, around the Safe (electricity) railway area (Safestrasse); over the bridge and then immediately branches off to the right and follows the Salzach river to Kaprun. No elevation difference.

(m) PINZGAUBAHN WALKING PATH 30 min, 2 km The path runs alongside the Pinzgau train tracks from the Kitzsteinhornstrasse in Schüttdorf to Zellermoos. Perfect for a stroll!

(n) GOLFPLATZ TRAIL 45 min, 3.8 km The track runs along the Golfplatz cross country ski run.

(n) FLUGPLATZSTRASSE WALKING PATH (AIRPORT) 20 min, 1 km

This path, starting at the Salzach bridge, joins Kaprun and Zell am See (Suburb of Schüttdorf).

(27) WINTER WALKING PATH RESERVOIR PLETTSAUKOPF 1 h, 30 H.m.

After the ascent with the cityXpress cable car the winter walking path starts at the top station. Follow the signs Nr. 27 to the Plettsaukopf, where a easy circular path leads around the reservoir.

(28) WINTER WALKING PATH FROM THE SONNKOGEL TO THE SCHMITTENHÖHE

7 1h 🛭 50 min, 150 e.g.

The trip up the mountain with the Sonnenalm cable car and then the Sonnkogel lift is to be recommended. A part of the walk in this direction can be substituted by taking the Hochzeller lift. The winter walking path begins at the top station of the Sonnkogel lift and runs along the mountain ridge to the Hochzeller lift. Guests can travel over this steep part comfortably with the Hochzeller lift (it is included in the price of the cable car lift pass). The path then continues further from the top station of the Hochzeller lift to the top station of the Schmittenhöhe cable car.

(28) WINTER WALKING PATH FROM THE TOP STATION AREIT III TO THE SCHMITTENHÖHE

7 30 min **¥** 15 min, 150 e.g.

The winter walking path starts at the top station of the Areit III lift and follows the snow fence behind the Elizabeth Chapel on the Schmittenhöhe. From there you can either walk back to the top station of the Areit III or walk on further to the Sonnkogel (approx. 1 hour walking time, with the Sonnkogel- and the Sonnenalm lift), and take the Schmittenhöhe cable car back down to the valley

(54) NIKOLAUS GASSNER PROMENADE 20 min, 27 e.g., 1 km

This short promenade runs from the tunnel portal at the Seespitz to the Hotel Berner (near the City Express) and is ideal for families pushing prams.

(58A) KÖHLERGRABEN PROMENADE

7 40 min ¥ 30 min, 159 e.g.,1,3 km

The Köhlergraben promenade stretches from the valley station of the cityXpress to the Köhlergraben guest house (not operated) over a shady, slightly sloping, very good walking path.

(60) SONNKOGEL PATH TO THE JAGA ALM HOCHFALLECK (NR. 60) 7 30 min ≥ 20 min, 150 e.g. This path starts at the Schmittenhöhenbahn AG at the end of the Schmitten Valley and runs passed the Hotel Schwebebahn to the right into the Sonnenalmstraße. Follow this

(61) DR. MÜLLER PROMENADE 50 min, 30 e.g., 1,3 km The starting point of the Dr. Müller Promenade is the former "Hotel Eichenhof". From here it leads to the Einöd. The entire path is good for walking and offers a fantastic view of the Zell am See lake.

beautiful panoramic street till the Jaga Alm Hochfalleck.

(62) + (60) BADHAUSKOPF PATH OVER THE ZELLER HÖHENPROMENADE 1,25 h, 150 e.g.

The path goes up the Schillerstrasse, turns right into the Bergstrasse and further up to the Sonnbergstrasse - from here the path No. 62 runs through a beautiful forest track from the Sonnberg, over path No. 60, to the valley station of the Schmittenhöhe cable car.

RONACHKOPF SKI TOUR Ronachkopf 550 e.g., 2,5 km

The ski route follows a former ski run.

Starting point: Thumersbach/Talstrasse 82 End: Ronachkopf/Enzian hut



GUIDED SNOW SHOE HIKES

Schmittenhöhebahn AG Postfach 8 06542 789-211 During the free guided hikes guests have the opportunity to

explore the Schmitten by feet. The guided hike is included in the cablecar ticket. Snowshoes and sticks can be rented locally for a fee.

Snowshoe hike Schmittenhöhe

Every Mon (beginner) and Thu (advanced) 18.12.17 - 26.03.18 meeting p.: 9.45am, Infocenter Schmittenhöhe valley station Adults € 27.50 with guest card € 25.-€ 20.50 Children € 13.50 Youth

Winter hike reservoir Plettsaukopf Every Fri from 22.12.2017 - 30.03.2018

meeting p.: 9.45am, cityXpress valley station

Adults € 19.50 with guest card € 17.50 Youth € 14.60 Children € 9.50

Private courses at ski school's on request!

RANGER FROM NATIONALPARK HOHE TAUERN

With the guestcard the excursions are free! The Programme you find in the tourist information or at www.hohetauern.at

CROSS-COUNTRY SKI SCHOOLS

Harald Nicka Kapruner Str. 0664 2300278

CROSS-COUNTRY SKI RENTAL Sport Achleitner Postplatz 2

06542 73581 06542 47267 **Europsport** Schillerstr. 4 0664 1411914

CROSS-COUNTRY SLOPES IN PINZGAU

The valleys and Alpine valleys in Pinzgau are excellently connected in the winter. Hundreds of kilometres of slopes take you along the Salzach valley and the Saalach valley. The altitude crosscountry slopes are also wonderful, as are the Kitzsteinhorn (3 km, at 2900 m), in Zell am See (3 km), the hill moor slope in Mittersill (22 km), the altitude slopes in Hochkrimml (8 km), in Hinterglemm (2 km), on the Loferer Alm (2 and 4 km), in Heutal valley, in Embach (10 km) and in Dienten (7 km). Source: BOCK auf Pinzgau

TOURING SKI RENTAL

06542 47267 Europsport Schillerstr. 4 0664 1411914 06542 73581 **Sport Achleitner** Postplatz 2

WINTER WALKING PATHS IN KAPRUN

(11) GROSSENTAL PATH 786 - 820 M 1 h, 34 e.g. Begin opposite the schools. Make your way along the Schaufelbergstraße until you come to the first bend. Continue straight ahead wandering past the Ortlehen and Großental farms, at which point the asphalt road finishes. From the Großental farm carry on along a gravel path and continue over the Menggraben and around a few bends until you reach the Werksiedlung (personnel housing).

(14) SALZACH PATH 2 h

A lovely walk on a comfortable path along the right hand side of the Kapruner Ache (Kaprun River), in the flow direction, from the Bauhof Kaprun to the Salzach River and the Salzach bridge Same way back

(16) BRUNNWIESEN PATH 2 h

Starting in the town centre make your way towards Kaprun castle. Shortly before the crossing/junction Peter Buchner Straße - Häuslhofstraße bear left onto the Brunnwiesenweg. Through the Kaprun moss you come to the Salzach. From here, a road forks off to the left along the Salzachweg (return back to Kaprun possible). Continue along the Brunnwiesenweg until you come to a bridge (the Salzachbrücke). Return the same way again or on the Tauern biking path.

(18) FILZMOOS PATH 1 h

This walk is highly recommended and starts behind the Hotel to the castle ruin. It takes you under the Jakobskapelle, past Kaprun Castle and continues through an environmentally protected area right to the Brunnwiesenweg and finally left to the Salzachweg No 14.

(19) WALK TO PIESENDORF 2 h

The access road to the Schaufelberg lift, the Einödweg, turns off to the right from the main road at the beginning of town. Go further through the underpass to the Tauern electricity substation, to Köttingeinöden, until the bridge over the Salzach River. The path ends in the centre of Piesendorf. Return the same way.

(21) ACHEN PATH 45 min

Begin at the schools and proceed along the Schulstraße to the Sporthalle (sports centre). From here, the path continues alongside the school sport centre to the Pichlbrücke and then further towards the Gasthof Zur Mühle.

(33) MAISKOGEL TRACK 3 h, 760 e.g.

Begin opposite the schools and continue along the Schaufelbergstraße until you reach the cattle gird at the Vorderweißstein. Now turn right to the Stangerbauer cattle gird and right again along the Maiskogel track past the top station of the Alm lift. From here continue ascending past the Maiskogel pump station until you reach the Maiskogel.

ICE CAMP TRAIL 20 min, 60 e.g., January - April The ICE CAMP Trail starts at the Gipfelbahn Valley Station on the Kitzsteinhorn on 2.450 metres. The groomed and secured path leads through the high alpine landscape, past multiple unique viewing points, to the ICE CAMP presented by Audi quattro. The igloo-landscape completely out of ice and snow with Ice Art, Ice Bar and Ice Lounge is an amazing place. Relaxation is offered on the big sun deck with great views of the Hohe Tauern mountain range.

Walkable with sturdy shoes and sticks (stick rental also at the sport shops on the Kitzsteinhorn). Starting point ICE CAMP TRAIL: Ascent with the cableway to the Alpincenter, the Gipfelbahn Valley Station will be reached through the Alpincenter hall.

PLEASE NOTE:

- Posted walking times are only approximate.
- Sturdy boots and hiking, as well as rain gear are required. · Always carry sufficient food and beverages with you.
- Please keep the environment clean
- and take your trash back home. • Zell am See - Kaprun shall not be liable
- for any accidents and injuries. • Subject to alterations, errors excepted.
- e.g. = elevation gain

We wish you a pleasant stay and hope you will delight in the marvels of Zell am See-Kaprun.

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GUIDED SNOW SHOE HIKES

Guided Snow Shoe Hike to the ICE CAMP

presented by Audi quattro

excl. cable way ticket

Every Wednesday snow-lovers on the Kitzsteinhorn can experience the legendary ICE CAMP presented by Audi quattro - a world completely out of snow an ice - at a guided snow shoe hike.

- Start: 10.30 am at the Alpincenter • Duration: approx. 1.5 hours (incl. visit of the ICE CAMP)
- Cost: € 25.- incl. equipment (snowshoes & sticks),
- Registration until Tuesday 4.00 pm:
- SKI DOME Oberschneider Tel. +43 (0) 65 47/82 32 • Every Wednesday from 10.01. - 04.04.2018

Private courses at ski school's on request!

RANGER FROM NATIONALPARK HOHE TAUERN Free guided Nationalpark Gallery tour through Gipfelwelt 3000

every Tue., free and without registration, duration: 45 min 26.12.2017 - 03.04.2018 at 11:00a m and 1:00pm

Details: www.kitzsteinhorn.at

CROSS-COUNTRY SKI SCHOOLS

Alpin Skischule 0650 3160223 Augasse 5 Skidome Oberschneider Nik.-Gassner-Str. 21 06547 8232

CROSS-COUNTRY SKI RENTAL

Alpin Skischule 0650 3160223 Augasse 5 Nik.-Gassner-Str. 15c 06547 20314 Europsport Sigmund-Thun-Str. 22 06547 20184 **Hervis Kaprun** Nik.-Gassner-Str. 1 06547 8388-60 Intersport Bründl **Skidome Oberschneider** Nik.-Gassner-Str. 21 06547 8232 Sigmund Thun Str. 20 06547 8392 Sport 2000 Glaser

TOURING SKI RENTAL

Alpin Skischule 0650 3160223 Augasse 5 Europsport Nik.-Gassner-Str. 15c 06547 20314 **Hervis Kaprun** Sigmund-Thun-Str. 22 06547 20184 Intersport Bründl Nik.-Gassner-Str. 1 06547 8388 **Skidome Oberschneider** Nik.-Gassner-Str. 21 06547 8232



KITZSTEINHORN TOURING ROUTES

2 routes, along the borders of the slopes: SCHNEEKÖNIGIN Langwiedboden - Alpincenter, 474 e.g. EISBRECHER Langwiedboden - Maurerlift/mount. stat., 899 e.g. Skitouren Info Point at Langwiedboden

Up and down trip

adults € 20.50 with guestcard € 18.-To Langwiedboden: To Alpincenter: adults € 33.- with guestcard € 30.-

ZELL AM SEE-KAPRUN TOUREN APP

GPS download of all tours - download now or look for 'Zell am See Kaprun Touren' in the app store.

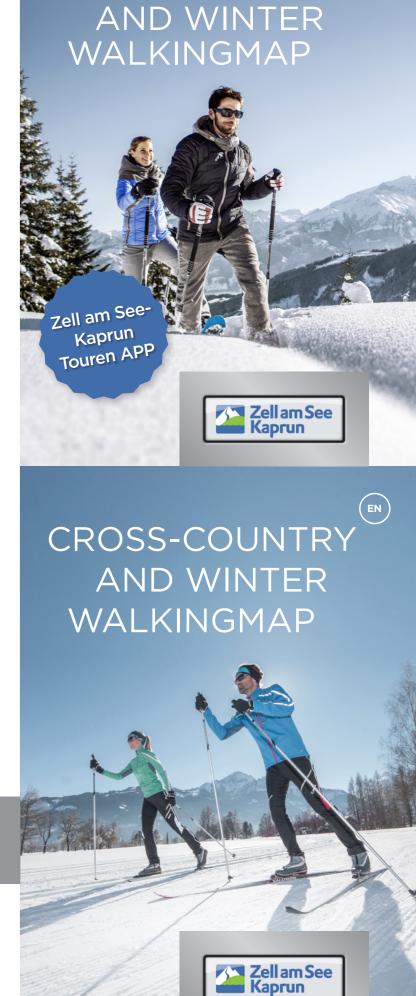












CROSS-COUNTRY



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